

# KA-POW



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1PM15

Activity created by



**EdShift**

ACT OUT/SPEAK UP

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# Be a Super Hero

Look in a mirror. Write your name in the air with your finger.

Write your name with your: **Legs** **Chest** **Arms**

**YOU ARE NOW A SUPER HERO!**



## What is your Superpower?

Choose 1 word to go with your **Superpower**. This is your **super hero name!**

## Blast off to an Ice Planet!

Move around the room like you are on **ICE PLANET**. How **WILL** you use your **Superpower?**

## Blast off to Cheese Jungle!

**BLAST OFF** to **CHEESE JUNGLE**. Crawl around the room like you're in **CHEESE JUNGLE**! How **WILL** you use your **Superpower?**

